



Marc Woods, Olympic Gold Medallist

There was a good turnout to the presentation by the Paralympic Swimmer, Marc Woods, which got off to a dramatic start, when Marc showed off his carbon fibre 'leg'. Marc kept the audience entertained with his inspirational story of his quest to be 'the best he could be'. Though his expertise and strength is in a different sport, he drew analogies with cycling throughout his talk, and showed that many problems or disabilities can be overcome, with single-minded determination. The talk was followed by an enthusiastic question and answer session, involving many riders as well as parents.

Many thanks to Marc for his time and effort, and to Phil Braybrooke for arranging the event.



Eastlands does well at North West Innovations 1

Eastlands riders performed excellently at the 2005 North West Innovation series first event on the 20th March at Salt Ayre, Lancaster. In the U12 boys, Dominic Lyons is lying 1st, Dan Whelan 2nd and Simon Whinston 3rd. In the U14 girls Katie Fearnough is lying 1st. In the U14 boys Martin Woffindin is joint 2nd. The team of five put in an excellent performance to win the 5 half-lap team relay event, against six other teams including Red Rose A and B. All five rode the half lap in blistering pace in true Eastlands style, with a fast and final lap by Katie holding off an older Red Rose rider right to the line. At last Red Rose have some serious competition for the team relay Trophy, awarded at the end of the series.

Full results can be found at www.innovation-series.co.uk. Note that the Innovation series events are now all road events, to be held at Salt Ayre or Preston.

Len Woffindin

Contributions, articles or events to:- Simon or Andy Coley

E-Mail: eastlandsvelo@hotmail.com Or to Brian or Alan

Official Website: www.eastlandsvelo.com

© Eastlands Velo 2005



ON THE BLUE LINE April 2005

Isle Of Man Youth Tour

Eastland's riders featured well in this year's 3 day stage race. All categories (E-A) saw entries for both boys and girls, with accumulated time (Yellow/Pink Jersey comp) and a points comp (Green Jersey) competitive racing was assured.

The first stage was a tough hill climb which when combined with the poor weather made for a difficult first stage; many of the riders had arrived on the day and after a rough sea crossing and there were a few pale faces at the top of the hill.

Day 2 saw an improvement in the weather and after presentation of the Yellow Jersey from day 1 the riders embarked on a hilly 5 mile circuit, the closed roads made for exciting racing. There were one or two crashes, but fortunately no one hurt. Day 2 saw a Gala Dinner with presentation of the Jerseys from the day's stage.

Day 3 saw the racing on a closed 800m circuit at the National Sports Centre. With the supporters congregated around the start/finish line there was plenty of vocal support and encouragement for all riders. The short circuit ensured very close racing, with final placings to ride for. The Cat A riders were lapping at 1m 10s so the spectators had plenty to cheer for. The event was concluded by a presentation back in Douglas for the Final Jerseys.

A great three days racing was had by all, the event was superbly organised, on closed roads with full support vehicles for the riders. The sponsors (Sleepwell Hotels) made sure the riders and supporters were very well looked after and we all hope for a 2006 event.

Eastland's placings

Cat E – Alex Braybrooke – Yellow Jersey

Cat D – Christian Braybrooke – Second GC (- 4 seconds) and Green Jersey Winner
Phil Braybrooke



Track Sessions

At going to press, we are presenting a full programme through May, with no missed sessions. If this changes, we will let you know. Updates courtesy of Alan



29/04/2005